Parent-Child Quality Time
Does Birth Order Matter?

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A B S T R A C T

Using data from the American Time Use Survey, I find that a first-born child receives 20-30 more minutes of quality time each day with his or her parent than a second-born child of the same age from a similar family. The birth-order difference results from parents giving roughly equal time to each child at any point in time while the amount of parent-child quality time decreases as children get older. These results provide a plausible explanation for recent research showing a very significant effect of birth order on child outcomes.

I. Introduction

The extensive literature linking family size and child outcomes consistently reports that children in larger families have lower levels of educational attainment and worse outcomes in terms of risky behaviors and delinquency (Steelman et al. 2002). A recent surge in research has provided strong and consistent evidence of birth-order differences across a wide range of child outcomes, with children of higher birth orders (those who are born later) having worse outcomes. In fact, once birth order is controlled for, family size has either no effect or a very small effect on the first-born child (Black, Devereux, and Salvanes 2005; Conley and Glauber 2006; Gary-Bobo, Prieto, and Picard 2006).

Much less empirical research has been devoted to providing a plausible explanation for why children with a higher birth order have worse outcomes. Several factors might even point in the opposite direction since high-birth-order children generally experience a household environment in which the parents are more mature, more

experienced at parenting, and have more income (Behrman and Taubman 1986; Powell and Steelman 1995). This paper examines one possible mechanism: the amount of time that a child spends with his or her parents. Parental time inputs are thought to be an important determinant of a child's educational outcomes and presumably other outcomes as well. Thus, finding a connection between birth order and time spent with parents provides an important explanation for the link between birth order and child outcomes.

The analysis in this paper uses data from the American Time Use Survey (ATUS), which contains information on the amount of time each child in a household spent with one of his or her parents on a particular day, how the time was spent, and who else was present for the activity. Birth-order differences are estimated by matching each first-born child with a second-born child of the same age from a similar family. This cross-family comparison allows me to answer the question of whether a first-born child receives more quality time with his or her parents at a certain age than the younger sibling does when he or she reaches the same age.

The results in this paper show that in two-child families, the first-born child receives about 20 more minutes of quality father-time and 25 more minutes of quality mother-time each day at each age than the second-born child does at the same age. This leads to an aggregate difference of about 3,000 hours across the ages of 4–13.

The traditional intra-household allocation model of Becker and Tomes (1976) posits that parents allocate more human capital resources to the more able child so as to maximize the lifetime income of all children. Parents later use wealth transfers to equalize outcomes across children. Behrman, Pollak, and Taubman (1982) note that a parent's allocation strategy can reinforce or compensate for ability differences, depending on the parent's level of inequality aversion. This means that parents who have strong preferences for equity will allocate more time to the less able child. Within this framework, parents face a natural trade-off between equity and productivity in terms of child outcomes. One assumption in each of these models is that parents purposefully allocate resources so as to maximize some parental utility function (Behrman 1997).

The evidence in this paper shows, rather, that parents provide roughly equal time to each of their children at each point in time but spend less time with each child as their children get older. As a result, parents spend more time with the first-born child at each age than they do with the second-born child when he or she reaches the same age. Thus, the parents' apparent desire for equity at each point in time actually leads to inequities in the total resources received by each child.

Past research asserts that a first-born child may have better outcomes because he or she gets to be an only child for the first few years of life (Hanushek 1992; Lindert 1977). The analysis in this paper is limited to years in which the second sibling is already present. This paper shows that the first-born child continues to get more time at each age even after additional siblings are born. The second-born child becomes the only child once the first-born child has left the home, but by this age, the amount of parent-child interaction is so much lower that it likely does not have as large an effect.

I also explore the degree to which sibling characteristics, such as birth spacing and sex composition, affect the birth-order differences in parent-child time. Because parent-child interaction is decreasing as children age (and particularly as the first child

ages), the birth-order difference is much larger when the children are spaced further apart. I also find that fathers spend more quality time with sons than with daughters. As a result, the size of birth-order differences in time spent with one's father is larger if the first child is a boy and is even larger if the second child is a girl.

The paper proceeds as follows. Section II discusses past research on the effects of birth order and parental time inputs on child outcomes. Section III describes the American Time Use Survey data used in the analysis. Section IV describes the empirical strategy and discusses the main results. Section V addresses the issues of incomplete fertility, sibling gender composition, birth spacing, and alternative measures of parent-child interaction. Section VI simulates aggregate birth-order differences older than ages 4–13. Section VII concludes.

II. Birth Order, Parent Time Inputs, and Child Outcomes

Early studies in economics on birth-order differences in child outcomes generally found small or insignificant differences. Kessler (1991) and Hauser and Sewell (1983) find the effect of birth order to be insignificant, Behrman and Taubman (1986) provide some evidence of a positive effect of being first-born, and Hanushek (1992) finds a U-shaped relationship where the first- and last-born have the best outcomes. However, recently there has been a surge of research documenting strong and consistent birth-order differences, with higher-birth-order children having worse outcomes.

Black, Devereux, and Salvanes (2005) use administrative data for the entire population of Norway over an extended period of time and find that lower-birth-order children (those born first) have higher levels of educational attainment, greater earnings, and (for women) a smaller likelihood of having a teenage pregnancy. In fact, the difference in educational attainment they find between a first- and fifth-born child is equivalent to the black-white gap in the United States.

Other recent papers that show that children with a lower birth order have more positive outcomes include Gary-Bobo, Prieto, and Picard (2006), Iacovou (2001), and Booth and Kee (2006) who look at educational outcomes; Aizer (2004) who looks at delinquent behaviors such as skipping school, using harmful substance, and hurting others; Gerner and Lillard (2006) who look at test scores; Conley and Glauber (2005) who look at being held back in school; and Argys et al. (2006) who look at risky behaviors such as substance abuse, sexual activity, and crime.

These studies provide convincing evidence that child outcomes differ by birth order. However, very little empirical work has been done to provide a mechanism to explain the presence of birth-order effects. Theories that have been used to explain birth-order differences in educational achievement include lifespan resource constraints (parents have varying amounts of time and money to provide for their children at different points in their career), parental preferences (parents may enjoy spending more time with the oldest child), optimal stopping models (parents who have a good child are more likely to have more children, such that reversion to the mean increases the likelihood of the second birth being a ''worse'' child), physiological differences, and the fact that the oldest child gets to be an only child during the early years of his or her life (Behrman and Taubman 1986; Blake 1989).

A major difficulty in posing a theoretical link between birth order and child outcomes is that the different theories provide opposing effects, leaving an ambiguous prediction as to the net effect. An alternative approach is to look for links between birth order and inputs that have been shown to influence positively child outcomes. One of these inputs is the amount of quality time a child spends interacting with his or her parent.

Unfortunately, providing a convincing causal link between parental time inputs and child outcomes has been an elusive search for researchers. In fact, it is difficult to imagine a natural experiment or policy change that would provide an exogenous shock to the amount of quality time provided to children and, at the same time, have no direct effect on child outcomes. Even with a plausible identification strategy, it is often difficult to get accurate measures of parental time inputs.[1] As a result, most past research has focused on maternal employment, with researchers asserting that weekly work hours are a good proxy for mother-child time. However, as noted by Blau and Grossberg (1992), mothers who work may compensate for the lack of total time by engaging in more developmental activities.

There are, however, many studies that provide a link between child outcomes and the frequency of certain activities, such as reading, playing, or eating dinner together. For example, Zick, Bryant, and Osterbacka (2001) find that children whose parents read or play with them more often have fewer behavioral problems and better grades. Other researchers that establish a link between reading to children and positive outcomes include Leibowitz (1977); Hill and O'Neill (1994); Snow, Burns, and Griffin (1998); and Sénéchal and LeFevre (2002). Studies that demonstrate a connection between eating dinner as a family and wide range of child outcomes include Eisenberg et al. (2004) and Taveras et al. (2005).

In addition, Datcher-Loury (1988) finds that, after controlling for the mother's work status, children whose mothers spend more time at home complete more years of schooling. Amato and Rivera (1999) find that children with more involved fathers are less likely to have behavioral problems, and Pleck (1997) reviews a number of studies and finds consistent evidence that indicates that higher levels of father involvement affect children in a positive way over a range of outcomes.

The primary focus of this paper is to analyze the empirical relationship between a child's birth order and the amount of quality time spent with his or her parent. This relationship provides a potential explanation for the link between birth order and child outcomes found in other research. The results from this paper also provide insight about how parents allocate time to their children, which can be used when developing theoretical models of parental decision making.

III. American Time Use Survey

The American Time Use Survey (ATUS), administered by the Bureau of Labor Statistics, is the first time that a federal statistical agency in the United

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1. The empirical difficulty in identifying a casual link has led some researchers to declare that there is "no evidence linking parental involvement per se (i.e., amount) with desirable outcomes." (Cabrera et al. 2000) However, even in the absence of convincing evidence, most parents, educators, and economists believe that parent-child quality time contributes to a child's stock of human capital.

States has collected data on how people use their time. The survey began in January 2003, with 21,000 individuals completing the survey in 2003, 14,000 in 2004, and 13,000 in 2005. The survey will continue into the indefinite future with additional waves of data released each year.[2]

The respondents to the ATUS are sampled from the group of households in the outgoing rotation of the Current Population Survey. For each household, one adult (age 15+) is randomly selected to complete the survey. The respondent is asked to recount the activities of the previous day. For each activity, the respondent reports the starting and ending time, their location, and the members of their household who were present during the activity.

Since the ATUS respondents also participated in the Current Population Survey, I have detailed information about their marital status, labor status, and education level. The respondent is asked to provide the age, gender, and relationship to the respondent of each person in the household. This information makes it possible to construct measures of the child's current family size, birth order, birth spacing, and gender composition of siblings.

The ATUS only surveys one parent in the family but the time use of other members of the family is observed as they come in contact with the respondent during the day. As a result, while the ATUS data does not provide information about how children use their time when they are not with their parents, it does give a very accurate measure of the time they spend with the parent participating in the survey and how this time is spent.

I use the ATUS coding of each activity to measure both the total amount of time the parent spends with their children as well as the amount of quality time. Quality time includes all activities in which either the child was the primary focus of the activity or in which there would be a reasonable amount of interaction, such as eating together.[3] Table 1 provides the average amount of time fathers and mothers spend with their children in terms of total time and quality time, along with time spent reading, playing, eating, and watching television together.

I use the parent's report on which children are present for each activity to determine how much time each child spent interacting with his or her parent. This differs from most past studies that have looked at how much time parents spend with their children. Using the child as the unit of analysis makes it possible to look at within-family differences in quality time. Knowing who is present for each activity allows for classification of parent-child time by both the number of siblings and number of parents present during the activity.[4]

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2. A more detailed description of the ATUS data is found in Hamermesh et al (2005). The data are publicly available at http://www.bls.gov/tus/home.htm.
3. Appendix Table A1 provides a list of the 13 activities that are included in the quality-time measure. Appendix Table A1 also reports the fraction of children who are engaged in each activity on the particular survey day, how much time was spent in the activity, and (for the two-child families) how much of that time was spent without the other sibling present. The last column indicates alternative cutoffs for quality time that I use as a robustness check in Section IV.
4. No distinction is made between one-on-one time with one's parents and time shared with siblings in the main analysis. In two-child families, the fraction of quality time a child receives that is not shared with any siblings is 10.5 percent, the corresponding fractions for three and four-child families is 5.6 percent and 2.6 percent.

Table 1

Parent Characteristics and Time use by Number of Children

	Father				Mother			
	Number of Children				Number of Children			
	1	2	3	4	1	2	3	4
Marital Status								
Married	0.777	0.925	0.956	0.965	0.532	0.749	0.769	0.742
Partner	0.036	0.012	0.016	0.015	0.040	0.024	0.022	0.014
Single	0.187	0.063	0.028	0.020	0.428	0.226	0.209	0.244
Education								
< HS	0.102	0.079	0.108	0.185	0.083	0.084	0.132	0.150
HS grad	0.594	0.513	0.495	0.495	0.626	0.541	0.563	0.585
College grad	0.304	0.408	0.397	0.320	0.291	0.375	0.305	0.265
Employment								
Full time	0.850	0.904	0.908	0.900	0.594	0.476	0.379	0.324
Part time	0.035	0.031	0.034	0.030	0.179	0.231	0.244	0.240
Spouse full	0.451	0.404	0.333	0.265	0.472	0.668	0.684	0.606
Spouse part	0.128	0.208	0.255	0.190	0.020	0.021	0.026	0.035
Time spent with children (weekday)								
Total	184.4	192.7	209.6	209.9	254.7	338.8	414.3	447.1
Quality	61.63	70.09	78.49	92.60	77.40	122.63	140.36	148.69
Reading	1.40	2.41	0.89	1.47	2.97	4.39	5.37	4.14
Playing	9.81	9.23	12.16	11.31	7.15	12.97	12.53	8.95
Eating	32.03	33.01	33.27	36.96	30.44	36.35	37.75	37.98
Television	46.15	37.18	38.48	39.47	49.40	43.66	51.17	43.01
Time spent with children (weekend)								
Total	348.0	422.9	438.0	502.7	410.0	484.1	529.4	531.2
Quality	70.59	109.49	100.50	120.46	87.00	127.99	130.73	142.89
Reading	0.99	2.69	1.17	1.62	3.33	3.70	3.00	4.20
Playing	8.82	19.66	16.09	15.66	8.96	16.93	13.94	18.11
Eating	57.83	64.88	57.13	57.76	53.64	58.97	57.07	62.78
Television	87.76	73.53	92.25	101.58	67.24	73.33	80.87	72.00
N	1,157	2,134	826	200	1,983	3,038	1,177	287

The analysis is limited to families with no more than four children in their house-hold. The identification strategy in this paper requires that I separate the analysis by family size and the number of families in the sample with more than four children is too small for meaningful statistical inference. The results in this paper, however, are still relevant for the majority of U.S. families.

The estimation strategy in this paper also requires that I have enough children of each birth order at a particular age to make a meaningful comparison. This is not

possible at very young ages since there are no first-born children in this age range who have younger siblings. This is also true for the older age ranges. Because I limit the sample to children younger than 17 and am using current birth order (based on the children now in the home), there are very few second-, third-, or fourth-born children in these older age groups. Thus in order to ensure having enough children of each birth order, I limit the age range for two-child families to 4–13, for three-child families to 6–11, and for four-child families to 8–11. As I will show later, the results in this paper are robust to a wide set of age ranges.

The other reason that it is important to limit the age ranges of the children in the sample is that it reduces the probability of misclassifying a child's family size. The ATUS only contains a roster of children currently living in the home. Thus, the measure I use in this paper is current family size and birth order. Limiting the age range reduces the probability that current family size differs from actual or eventual family size. I address this issue in more detail in Section IV.

To decrease the probability of misclassifying family size even further, I remove all of the families in the sample who have any pair of consecutive children spaced more than six years apart. This exclusion affects about 10 percent of the families in my sample. An additional reason for excluding these families is that large birth spacing of children is often the result of a remarriage or unwanted pregnancy, both of which could have large impacts on parent time investments and neither of which I can model directly in this paper.

Table 2 provides the average quality time that children spend with their mother and father by age, family size, and birth order. This table shows that the amount of quality time a child spends with his or her parents decreases as the child gets older and that within nearly every age and family size group, the amount of quality time that a child spends with his or her parent is decreasing in birth order. These patterns will be important in the empirical analysis that follows.[5]

IV. Empirical Strategy and Results

Before describing my empirical strategy, I provide evidence for the two basic facts underlying the explanation for birth-order differences in parent-child time. The first is that parents provide equal time to each child at each point in time. Figure 1 depicts the difference in time allocated on a particular day between the first- and second-born child for all the two-child families in the sample. Figure 1 shows that the majority of parents give equal time to each of their children (74 percent of fathers and 63 percent of mothers). When there is unequal time allocation, it is more likely to favor the younger child, possibly giving the parents the impression that they are actually giving preferential treatment to the second-born child.

The second fact is that parent-child interaction decreases as children age and particularly as the oldest child ages. For example, quality time spent with one's father drops from 118 minutes each day at age four to 50 minutes at age 13. The corresponding drop for quality time with one's mother is 150 minutes down to 60 minutes.

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5. Single-child families are included in Tables 1 and 2 simply to provide a contrast to multi-child families. However, they are excluded from all of the analysis that follows.

Table 2

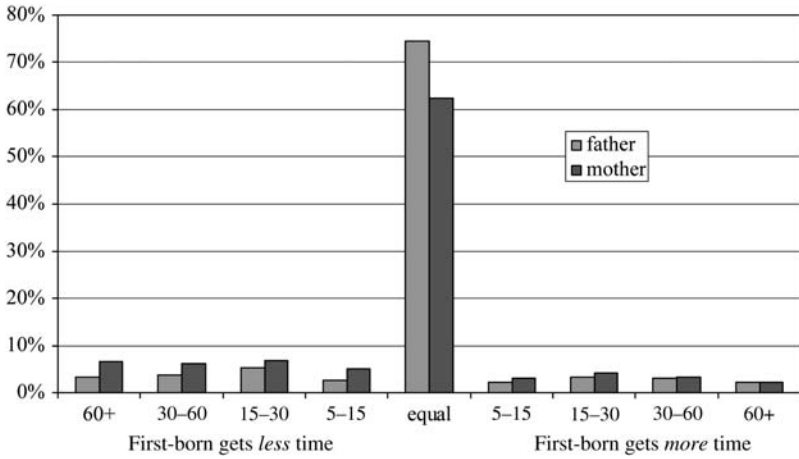*Mean Amount of Quality Time Spent with Parent each Day by Age, Family Size, and Birth Order*

		Father					
Family size	Birth Order	Age 4-5	6-7	8-9	10-11	12-13	Overall
1	1st	89.8	72.7	59.1	54.5	46.8	64.6
2	1st	115.4	96.7	78.4	70.3	47.3	81.6
	2nd	92.6	69.0	56.1	50.5	41.9	62.0
3	1st		114.9	76.3	72.7	61.6	81.4
	2nd		75.3	72.4	62.0	48.5	64.5
	3rd		74.0	55.0	49.4	47.5	56.5
4	1st			101.2	99.3		100.3
	2nd			119.3	77.5		98.4
	3rd			69.6	65.7		67.7
	4th			70.8	46.6		58.7
	N	927	1,309	1,410	1,353	1,215	6,214

		Mother					
Family size	Birth Order	Age 4-5	6-7	8-9	10-11	12-13	Overall
1	1st	116.0	91.4	80.1	68.8	54.6	82.2
2	1st	177.3	135.8	115.3	92.4	78.4	119.8
	2nd	128.5	114.0	84.4	82.0	56.3	93.0
3	1st		167.0	128.9	110.8	82.3	122.3
	2nd		131.0	110.0	93.4	63.6	99.5
	3rd		107.8	84.1	68.0	64.2	81.0
4	1st			135.0	113.0		124.0
	2nd			115.2	110.5		112.8
	3rd			118.7	106.6		112.7
	4th			99.5	83.3		91.4
	N	1,307	1,907	2,068	2,115	1,864	9,261

Note: Each cell in the table is the average quality time spent with a child's father or mother by the child's age, family size, and birth order. The ATUS only surveys one adult in each household, so the fathers and mothers in the sample do not come from the same family.

An alternative way to examine this drop in parent-child time as children age is to regress the amount of time received by a child on the child's age, age of his or her siblings, and other child or family characteristics.[6] Table 3 provides the results of this

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6. The characteristics included in the regression are the parent's age, education, labor status, marital status, and labor status of spouse, the child's gender, and whether the time diary was on a weekday or weekend.

Figure 1
*Difference in daily quality time given to first-born children relative to
second-born child in two-child families (measured in minutes).*

regression separately for the first- and second-born children from two-child families.
An interesting result that emerges from this table is that the age of the first-born sib-
ling has a much larger effect on the time that both siblings receive than does the ef-
fect of the age of the second-born child. This indicates that the parental time input is
determined by the age of the older child and then this time is shared equally with
each of the children (possibly due to a sense of fairness).

These two facts are illustrated in this simple diagram:

Table 3

Effect of Child's Age, Sibling's Age, and Parent's Age on Quality Time Received (Two-Child Families).

	Father		Mother	
	First child	Second child	First child	Second child
Child's age	-8.99**	-2.70	-10.70**	-4.41**
	[1.78]	[1.47]	[1.55]	[1.33]
Younger sibling's age	-1.11		-2.59	
	[1.71]		[1.46]	
Older sibling's age		-4.61**		-6.54**
		[1.38]		[1.25]
Parent's age	4.03	0.87	4.19	2.03
	[2.56]	[2.34]	[2.34]	[2.18]
Parent's age^2	-0.04	-0.01	-0.04	-0.01
	[0.03]	[0.03]	[0.03]	[0.03]
Constant	62.17	106.54*	129.24**	156.76**
	[49.92]	[48.14]	[41.39]	[41.57]
Observations	1,681	1,573	2,365	2,309

Note: The dependent variable is the amount of quality time the child spends with his or her parent on the day of the survey. The regressions include controls for type of day, gender of the child, parental age, education, marital status, and work force participation. Significance at the 95 percent level is indicated by * and at the 99 percent level by **.

Each of the solid lines represents a family at a particular point in time with the circles marking the age and time received by the first- and second-born child. These solid lines are horizontal indicating that both children are getting the same amount of parent time even though their ages are different. Comparing the amount of time the two children receive at the same age (the dotted line) reveals the large birth-order gaps in parent-time. The difference in the total time given to the first- and second-born child is the area between the downward-sloping lines drawn through the two sets of plots.

If I had longitudinal time diaries from the same families over a series of years I could simply compare the amount of quality time the first-born child receives at a certain age to the amount of quality time the second-born child receives at the same age. The cross-sectional nature of the data does not allow for this comparison. The strategy of this paper is to compare each child with a child of the same age from a similar family but who has a different birth order. This is done using the nearest neighbor-matching estimator developed by Abadie and Imbens (2002).

I try to get exact matches based on the child's age, whether the time-diary was for a weekday or weekend, and the education (college graduate, high school graduate, or neither) and labor status (full-time, part-time, or not working) of the parent. In addition, I try to get as close of a match as possible on the parent's age, marital status (married, cohabiting, or single), and work status of the parent's spouse. Using this matching criterion, I obtain the four best matches for each child (more if there are ties) and compare the time

received by the first-born child with the amount of time received by the second-born children to whom he or she is matched. The matching is done with replacement to reduce the bias of the estimate, although it does increase the variance (Abadie and Imbens 2002).

All estimations are run separately by the gender of the parent who responded to the survey and the number of children in the household (each of which can be thought of as other characteristics on which I also have an exact match). While the ATUS is large relative to other time-diary datasets, it is still small relative to the type of data used to employ traditional instruments for family size, such as the gender of the first two children (Angrist and Evans 1998) or the birth of twins (Rosenzweig and Wolpin 1980). As a result, it is difficult to identify a causal link between family size and parent-child time. Therefore, I do not examine the impact of family size on parent-child time, but rather look at birth-order differences within each family size group.

In addition to the matching estimator, I use least squares, tobit, and median regression to estimate birth-order differences in quality time. The tobit estimator corrects for the censored nature of the time children spend with their parents. Of the children in the sample, 11.7 percent of children with mothers responding to the survey spent no quality time with their mother, and 21.6 percent of the children with fathers responding to the survey spent no quality time with their father. Median regression is used as a robustness check to insure that the results are not driven by outliers.

In each of the regressions, I control for the observable characteristics of the parent and child directly, look within family size groups to control for other unobservable parent characteristics, and use indicators of birth order as the variable of interest. The regression takes the following form for families with two, three, or four children:

$$(1) \quad T_j = \alpha_j + \delta_j \cdot Z + \beta_j \cdot (\textit{birth order}) + \epsilon_j \text{ for } j = 2, 3, \text{ and } 4$$

where T is a measure of the amount of quality time the child spent with his or her parent. The vector "birth order" includes indicators for birth order, where the number of included indicators depends on the family size, with the omitted group always being the first-born child. The vector Z is the same set of control variables as in the matching estimator (including the parent's age, marital status, and work status of spouse). The results of this model are shown for two-, three-, and four-child families in Table 4 along with estimates from the matching estimator.

The results show that for two-child families, the difference in quality time between the first- and second-born child is 22 minutes less with one's father and 27 minutes less with one's mother. The difference in three-child families is smaller (16 and 21 minutes) and for four-child families it becomes insignificant. Significant birth-order differences do exist, though, between first- and third- or first- and fourth-born child in the three- and four-child families. The results are also roughly consistent across the different estimation strategies, with slightly smaller estimates for the median regression, as would be expected with the presence of a small set of very large outliers.

The results for the two-child families indicate that the first-born child gets about 37 percent more quality time with his or her father and 28 percent more time with his or her mother than the second-born child.[7] This translates into a difference of 1,400 hours with one's father and 1,600 hours with one's mother across the ages of 4–13.

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7. The percentage differences are 32 and 29 if I use the overall mean instead of the amount received by the second-born child as the denominator.

Table 4
Birth-order Differences in Quality Time by Family Size and Parent Gender

	Father														
	Two children				Three children				Four children			
	Match	OLS	Tobit	Median	Match	OLS	Tobit	Median	Match	OLS	Tobit	Median
Second child	-23.46	-24.39	-21.41	-17.57	-15.59	-18.93	-17.13	-17.13	-7.98	-9.55	-7.09	-18.24
	[3.14]	[2.25]	[2.79]	[3.26]	[5.03]	[3.64]	[4.29]	[5.14]	[14.66]	[10.62]	[12.12]	[9.26]
Third child					-28.74	-33.48	-29.69	-27.11	-45.69	-55.07	-47.06	-53.52
					[5.75]	[5.44]	[4.70]	[6.06]	[15.56]	[15.75]	[11.86]	[10.27]
Fourth child									-52.26	-66.71	-49.85	-56.55
									[16.92]	[19.19]	[13.73]	[13.15]
N		3,254				1,520				283		

(continued)

Table 4 (*continued*)

	Mother											
	Two children				Three children				Four children			
	Match	OLS	Tobit	Median	Match	OLS	Tobit	Median	Match	OLS	Tobit	Median
Second child	-26.24 [2.80]	-29.77 [2.12]	-28.37 [2.61]	-26.31 [2.91]	-22.03 [4.93]	-26.45 [3.82]	-24.43 [4.17]	-21.12 [5.32]	-9.35 [11.49]	-8.80 [9.18]	-9.01 [10.47]	-7.74 [16.25]
Third child					-40.84 [5.34]	-50.47 [5.78]	-45.01 [4.69]	-39.42 [6.46]	-12.37 [12.61]	-9.17 [12.58]	-11.32 [12.11]	-2.36 [18.95]
Fourth child									-30.93 [15.37]	-30.94 [16.94]	-31.54 [14.33]	-26.10 [24.13]
N	4,674				2,175				429			

Note: Standard errors are presented in brackets. The standard errors in the OLS regression are clustered to account for within-family correlation of the error terms. The results in the "match" column come form the nearest neighbor-matching estimator of Abadie and Imbens (2002). The results in the tobit column are the marginal effects following tobit regression and "median" refers to median regression. The dependent variable is the amount of quality time the child spends with his or her parent on the day of the survey. The regressions include controls for type of day, gender of the child, parental age, education, marital status, and work force participation. The bolded elements indicate a significant difference (95 percent level) from the first-born child.

One reason that the birth-order differences are smaller in the larger families is that the younger children are excluded from the estimating sample in order to provide enough matches across children of the same age but with a different birth order (children ages 4-5 are excluded for three-child family analysis and children ages 4-7 are excluded from the four-child family analysis). Another reason is that the first- and second-born children in larger families tend to be spaced closer in age—an issue explored in the next section.

V. Specification Issues

A. Incomplete Fertility

One concern is that the model only controls for current family size and not the actual family size or the family size that the child will eventually have. The identification strategy depends on being able to compare children from families of the same size with the idea being that children from families of the same size have parents that are similar in the unobservable ways that influence both their family size and time allocation decisions.

The estimates of the effect of birth order in Table 4 will be biased upward if children in larger families spend more time with their parents.[8] To make the source of bias more clear, consider two six-year-olds where one has a ten-year-old sibling and the other has a two-year-old sibling. Both have the same current family size but the child with a younger sibling is more likely to be part of a family that will have additional children in the future.

The simplest way to address this issue is to restrict further the age range of the estimation sample. In the extreme case, using just eight- and nine-year-old children from two child families reduces dramatically the chances of there being additional children who have either left home or are not born yet. Table 5 provides estimates of birth-order differences using the OLS regression approach for a wide set of age ranges. The rows indicate the lower bound of the age range (ages 4-8) and the columns indicate the upper bound of the age range (ages 8–13). Rather than present the coefficients and standard errors for each estimation (as in Table 4), I provide the percentage difference between the first- and second-born children. This number is calculated by dividing the point estimate for the group by the average for the children used in the estimation.

The results in Table 5 show that the birth-order difference is robust to this wide set of age ranges and persists even when looking at a very narrow age range for which the chances that current family size differs from actual or eventual family size is very small. For mothers, there is very little variation across the cells and no discernible pattern. For fathers, the variation across cells is a little higher with some suggestive evidence that the birth-order difference (in percentage terms) is larger when restricting the sample to the younger age groups.

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8. Based on results in Table 2, it does appear that first- and second-born children of a given age do receive more quality time in larger families. It is important to note that these measures do not account for the number of children present during the activity and it is true that there is much less one-on-one time in larger families.

Table 5
Birth Order Differences for Alternative Age Ranges in Terms of Percentage Differences (Two-child Families)

| | Father | | | | | |
| | Upper-bound | | | | | |
Lower-bound	8	9	10	11	12	13
4	34.6%	32.7%	32.9%	34.3%	32.1%	31.6%
5	36.6%	33.8%	33.6%	35.1%	32.4%	31.9%
6	39.9%	35.1%	34.6%	36.0%	32.7%	31.9%
7	31.0%	26.7%	28.1%	31.0%	27.8%	27.2%
8	33.8%	24.8%	27.4%	31.3%	27.1%	26.4%

| | Mother | | | | | |
| | Upper-bound | | | | | |
Lower-bound	8	9	10	11	12	13
4	27.3%	29.0%	28.7%	27.6%	28.4%	29.0%
5	25.5%	27.8%	27.4%	26.2%	27.2%	28.0%
6	25.1%	27.9%	27.2%	25.7%	26.9%	27.7%
7	29.0%	31.8%	29.8%	27.4%	28.7%	29.4%
8	24.0%	30.8%	27.8%	25.1%	27.2%	28.2%

Note: All estimates are based on the OLS regression from Table 4. Whereas, the age range used in Table 3 was [4,13], the results in this table provide the percentage difference in time received by the first- and second-born child for the age range [lower-bound, upper-bound]. The percentage difference is calculated by dividing the point estimate by the average quality time across both first- and second-born children within the particular age range. All of the estimates are significant at the 95 percent level with the exception of the lower-left cell in the father panel, which is significant at the 90 percent level and has a sample size of only 318.

B. Sibling Characteristics

A second issue is whether birth-order differences vary based on important sibling characteristics such as gender composition and birth spacing. I address this issue using the subset of families with two children. This group provides a parsimonious way of constructing measures for gender composition and birth spacing that would become overly complex if applied to larger families.

The effect of gender composition of siblings on birth-order differences is estimated by interacting the gender of the two children with the birth order of the individual child:

$$(2) \quad T_i = \sum_{j=1}^{2} \sum_{k=1}^{4} (\beta_{j,k} \cdot \{order_i = j\} \cdot \{sex\,composition_i = k\}) + \delta \cdot Z_i + \varepsilon_i$$

The omitted group in this estimation is the first-born child in a boy-boy family. Table 6 provides the difference in predicted values between the first- and second-born child of each sex composition group. The far right column in Table 6 shows the fraction of two-child families in my sample that fall into each sex composition group. The results in Table 6 show that the birth-order differences in time spent with one's father are greatest when the first child is a boy and the second child is a girl. This result supports the type of paternal preference for sons found by Dahl and Moretti (2005).

Table 7 provides results of a similar analysis except that the birth order of the child is interacted with the difference in age between the two siblings:

$$(3) \quad T_i = \sum_{j=1}^{2} \sum_{k=1}^{6} (\beta_{j,k} \cdot \{order_i = j\} \cdot \{spacing_i = k\}) + \delta \cdot Z_i + \varepsilon_i$$

The first-born children from families with a birth spacing of three years serve as the omitted group. Using the estimated coefficients from the equation, I calculate the difference in predicted values between the amount of time received by the first- and second-born child for each of the birth spacing groups. These differences are reported in Table 7. These results show that there is a general pattern in which birth-order differences increase with birth spacing, with relatively small birth-order differences when the children are spaced one or two years apart.

C. Alternative Measures of Parent-child Interaction

A final issue relates to how sensitive the birth-order differences are to the particular measure of parent-child interaction. Up to this point, the measure of quality time includes the 13 activities listed in the upper panel of Appendix Table A1. In Table 8, I examine three alternative measures of parent-child interaction: total time spent

Table 6
Birth Order Differences in Quality Time by Sibling Gender Composition (Two child Families, Children Ages 4–13)

Gender of Children	Father	Mother	Percent of sample
Boy-boy	24.86	25.84	25.3%
Boy-girl	35.48	31.38	26.3%
Girl-boy	23.57	25.24	26.2%
Girl-girl	16.55	31.60	22.2%
N	3,254	4,674	

Note: Each element is the birth order difference between first- and second-born children in two-child families based on the difference in predicted values following an OLS regression which includes the same set of covariates as Table 3 but with the birth-order indicators replaced with the interaction of birth order and gender composition of the two children. All differences are significant at the 95 percent level.

Table 7
Birth Order Differences in Quality Time by Birth Spacing (Two child Families, Children Ages 7–11)

Birth spacing	Father	Mother	Percent of sample
1 years	9.24	16.68	9.3%
2 years	12.84	16.58	26.7%
3 years	18.51	25.09	27.1%
4 years	40.67	41.39	17.6%
5 years	29.27	44.11	11.5%
6 years	40.96	36.01	7.8%
N	1,621	2,365	

Note: Each element is the birth order difference between first- and second-born children in two-child families based on the difference in predicted values following an OLS regression which includes the same set of covariates as Table 3 but with the birth-order indicator replaced with the interaction of birth order and the birth spacing of the two children. Differences significant at 5 percent level are bolded.

together, time spent reading, and time spent watching television together. Total time includes the amount of time that a child is present (in the same room, car, etc) as his or her parent and makes no distinction as to what the parent was doing as the time. Reading together is generally thought to be of the greatest importance in child's development and performance in school. Time spent watching television and movies together are included as a measure of noninteractive time that is generally thought to have a negative impact on child outcomes or at least crowd out better activities.[9]

The results in Table 8 show that in two child families, the second child gets 10 percent less total time, 41 percent less time reading, and 15 percent more time watching television with his or her mother. The corresponding differences for time with one's father are 14 percent less total time, 66 percent less reading time, and 8 percent more time watching television.[10] These results provide one explanation for the birth-order differences in quality time. The second-born child gets slightly less total time with their parent and of the time they do receive, quality time is being crowded out by other activities, such as watching television.

Appendix Table A2 provides results using various cutoffs in the spectrum of parent-child activities in Appendix Table A1. In terms of percentage differences, the largest birth-order differences occur when restricting the quality time measure to the six activities that are thought to have the most significant impact on the human capital of

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9. Gentzho and Shapiro (2006), however, provide some evidence that the introduction of television in the 1960s had no major negative consequences for children's cognitive outcomes. The general consensus among pediatricians is that television usage should be limited to no more than one or two hours a day (American Academy of Pediatricians 2001).
10. The percentage difference is calculated by dividing the average difference (from the birth-order coefficient) by the overall mean for children of that particular family size (which is provided at the bottom of each table).

Table 8

Birth Order Differences Using Alternative Measures of Parent-child Time

	Father			Mother		
	Second child	Third child	Fourth child	Second child	Third child	Fourth child
Total Time						
Second child	-21.73**	-17.45**	-19.90	-20.09**	-18.25**	-15.99
	[3.58]	[5.84]	[16.88]	[3.18]	[5.76]	[15.02]
Third child		-30.24**	-70.70**		-31.58**	-1.74
		[9.92]	[26.73]		[9.15]	[20.77]
Fourth child			-86.90**			-21.10
			[32.57]			[27.87]
Mean	275.2	272.3	288.8	360.2	366.1	346.1
Reading						
Second child	-1.35**	-0.48*	-1.08	-1.37**	-1.56**	-0.70
	[0.26]	[0.21]	[1.19]	[0.29]	[0.56]	[0.84]
Third child		-0.85*	-1.69		-2.32**	0.65
		[0.33]	[1.06]		[0.85]	[1.29]
Fourth child			-1.63			-0.82
			[1.51]			[1.41]
Mean	2.06	0.68	1.27	3.38	2.79	2.43
Television						
Second child	3.94	2.40	-10.76	7.63**	8.22*	-7.19
	[2.28]	[3.94]	[12.91]	[2.13]	[3.27]	[8.51]
Third child		5.00	-16.47		17.80**	-9.25
		[7.37]	[18.96]		[5.46]	[10.94]
Fourth child			-17.50			9.20
			[19.23]			[16.39]
Mean	49.64	59.83	50.67	50.90	54.55	43.83
N	3,254	1,520	283	4,674	2,175	429

Note: Total time includes all time that parent and child are together. Each model also includes the full set of controls described in the text and included in Tables 3–6. Significance at the 95 percent level is indicated by * and at the 99 percent level by **.

the child: reading, playing, helping with homework, talking, teaching, and doing arts and crafts together (Bianchi and Robinson 1997, Zick et al. 2001).

VI. Aggregate Birth-order Differences

The birth-order differences calculated up to this point have controlled for the parent's age. One difference between a first- and second-born child is the age

of their parents when the child reaches a given age. The estimations also only have examined the amount of time a child spends with a particular parent with no distinction made between when one or both parents are present. This final section addresses these issues by calculating the net effect of a child's birth order using a simulation of the amount of parent-child interaction across ages four through thirteen. The results provide an idea of the magnitude of the birth-order difference in quality time over an important period of the child's life.

The sample used in the simulation is restricted to families with two children. This makes it possible to interact birth order with the child's age, creating a set of 20 indicator variables (two birth-order groups and ten age groups). In addition, I interact each of the parent characteristics with the age groups. Table 9 contains the simulated amount of time that each child spends with his or her parents at each age. The specific case examined in the table is a two-child family where the parents are married, college-educated, and both work full-time. Both parents were 29 when the first child was born and they have two boys spaced three years apart. The parent age at first birth, marital status, and work status all represent the modal group of the data.

The third and fourth columns of Table 9 show the cumulative time that a child spends with his parents. Between the ages of 4 and 13, the first-born child spends

Table 9

Simulated Amount of Quality Time Spent with Parents at Each Age (in 1,000's of hours/year)

Age	Total quality time each year		Cumulative quality time		Second child shifted up three years	
	1st child	2nd child	1st child	2nd child	1st child	2nd child
4	1.49	0.95	1.49	0.95		
5	1.35	1.10	2.84	2.05		
6	1.30	0.92	4.13	2.97		
7	1.23	0.94	5.36	3.91	1.23	0.95
8	1.05	0.81	6.41	4.72	1.05	1.10
9	1.04	0.68	7.46	5.40	1.04	0.92
10	0.91	0.66	8.37	6.06	0.91	0.94
11	0.79	0.59	9.17	6.65	0.79	0.81
12	0.79	0.59	9.96	7.24	0.79	0.68
13	0.68	0.49	10.63	7.73	0.68	0.66

Note: The number in each cell is the sum of quality time a child spends with both his father and mother each year. The profiles shown are for the specific case of a two-child family, where the parents are married, college-educated, and both work full-time. Both children are boys and are three years apart. The first two columns are the simulated amount of time that each child receives each year. The third and fourth columns provide the cumulative amount over time. The sixth column is the same as the second column but the second child column is shifted forward three years to provide cross-sectional comparisons. 1,000 hours in one year is equivalent to 164 minutes each day.

10,630 hours in quality time with his or her parents and the second-born child spends about 7,730 hours. The difference of 2,900 hours represents about a 38 percent increase over the time that second child receives and translates into a difference of 48 minutes each day.

The simulation in Table 9 combines both father time and mother time. This leads to a double counting of all time in which both parents were present. Past research usually asserts that parents try to maximize the amount of time that at least one of them is with the children, but no research has addressed the relative value of spending time with one parent compared two parents in terms of development. Folbre et al. (2005) note that when both parents are present there is less stress on the adults and the children get to see their parents interacting with each other.

An alternative measure is the amount of quality time the child receives with at least one parent present (thus setting the benefit of the additional parent's presence to zero). The first-born children in the sample receive 47 minutes of quality time each day with both parents present. The amount for second-born children is 36 minutes. This aggregates across ages 4–13 into 2,860 hours for the first child and 2,190 hours for the second child. Subtracting these from the simulation results shows that the first child receives 7,770 hours of quality time with at least one parent present while the second child receives 5,540 hours. This leads to a birth-order difference of 2,230 hours, which is a 40 percent difference and translates into about 37 minutes each day.

The last two columns of Table 9 provide the same cumulative measures as the middle two columns but with the second child's time shifted forward three years to make it easier to compare the amount of quality time they receive the same point in time. The last two columns show that in each year the time allocation to each child is roughly equal (matching the results in Figure 1 described earlier).

VII. Conclusion

The primary contribution of this paper is that it provides clear evidence of large birth-order differences in the amount of quality time that children spend with their parents. A first-born child in a two-child family spends about 20–25 more minutes each day engaging in quality-time activities with his or her father than the second-born child. The difference in quality time with one's mother for the same group is about 25–30 minutes. Birth-order differences also exist when comparing second- and third-born children or other birth-order combinations in larger families.

This differential treatment likely goes unnoticed by parents because, at each point in time, they give equal time to each child and often even more time to the younger child. The birth-order difference that is the focus of this paper, however, is whether the second child receives the same amount of time at a certain age as the first child did at the same age. When the quality time received by each child is aggregated over ages 4–13 in a two-child family, the difference in the amount of quality time the first- and second-born spend with at least one parent present is about 2,200 hours (which translates into the first born child receiving 40 percent more time than the second-born child). This large difference in parent-child time provides a plausible explanation for the birth-order differences in educational attainment found in recent studies.

Of course, potentially offsetting effects may favor second-born children. One possibility is that parents may become more efficient at certain tasks such that less time is needed to provide the same amount of care. This is certainly true for physical-care activities, such as changing diapers or dressing children. However, the birth-order differences are largest in the specific activities, which are thought to have the greatest impact on a child's human capital (such as reading and playing) and for which it is much less likely that parents experience efficiency gains.

Another possible offsetting effect is that younger siblings may benefit from the input of older siblings and hence require less time with parents. However, the sibling benefits go in both directions. Zajonc (1976) asserts (as one of the main assumptions of the confluence model) that older siblings benefit more by teaching younger siblings than the younger siblings benefit from being taught. It is also not hard to imagine that many of the things that children learn from their older siblings may actually have a negative impact.

The second contribution of this paper is that it provides an alternative view as to how parents allocate resources to their children. The model of Becker and Tomes (1976) hypothesizes that parents will invest their time in the more able child (while equalizing lifetime outcomes by transferring more wealth to the less able child). The results of this paper show rather that parents divide their time resources equally among their children at each point in time.[11] However, inter-temporal inequities arise because the amount of parent-child interaction that occurs is decreasing as the children age such that the second child receives less time at each age than the first-born did at the same age. This provides an interesting case where the desire to provide equal treatment actually creates inequality.[12]

A third contribution of this paper is that it provides motivation to include birth spacing in the analysis of birth order and child outcomes. Given that family resources generally increase with time, larger birth spacing will create a greater difference in the financial resources available by birth order, favoring the younger child (Behrman and Taubman 1986, Powell and Steelman 1995). The results in this paper show that the opposite will be true in terms of time resources. This could allow future work to exploit these opposing forces to test the relative contribution of time and money to child outcomes.

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11. This result of equal time allocation matches the results of Menchik (1979), Wilhelm (1996), and McGarry (1999), which show that the majority of bequests involve equal division among children. Light and McGarry (2004) explore the reasons that unequal bequests occur.

12. A similar point is made in the psychology literature by Hertwig, Davis, and Sulloway (2002).

Table A1
Summary statistics of specific types of parent-child interaction

Activity description	Fraction of children with time>0	Mean of those with time>0	Total time across sample	Mean across sample	Fraction Alone Time (second child)	Alternate categories
Included in quality time						
Reading to/with	8.0%	31.5	31,012	2.51	23.2%	A
Playing, not sports	11.4%	97.1	136,162	11.04	9.5%	A
Helping with homework	11.1%	57.9	79,036	6.41	26.2%	A
Talking with/listening	9.3%	33.6	38,410	3.11	21.1%	A
Helping/teaching	1.6%	39.2	7,641	0.62	32.2%	A
Arts and crafts with	0.3%	42.7	1,750	0.14	29.9%	A
Eating together	73.7%	56.4	513,009	41.59	5.9%	B
Playing sports with	1.4%	72.5	12,829	1.04	21.5%	C
Attending performing arts	0.5%	106.7	5,973	0.48	19.8%	C
Attending museums	0.3%	174.3	6,099	0.49	5.8%	C
Participating in religious practices	1.6%	25.0	5,005	0.41	4.2%	C
Looking after (as primary activity)	7.5%	70.6	65,513	5.31	9.8%	D
Physical care for	47.5%	48.9	286,151	23.20	11.4%	D

(*continued*)

Table A1 (*continued*)

Activity description	Fraction of children with time>0	Mean of those with time>0	Total time across sample	Mean across sample	Fraction Alone Time (second child)	Alternate categories
Not included in quality time						
Organizing and planning for	2.3%	21.0	5,913	0.48	19.3%	E
Attending events	3.8%	110.3	52,184	4.23	25.9%	E
Picking up/dropping off	21.8%	11.7	31,560	2.56	27.6%	E
Meetings and school conferences	0.5%	47.7	3,005	0.24	35.1%	E
Traveling together	41.9%	56.0	289,640	23.48	16.7%	E
Watching television	39.5%	131.7	642,172	52.06	13.8%	—

Note: The unit of analysis above is the individual child, but each measure refers to the amount of time the child spent engaged in the activity with their parent. "Fraction alone time" is the fraction of parent-child time in which no other siblings were present (using sub-sample of families with only two children). The main quality time measure used throughout the paper includes Categories A–D. Appendix Table A2 provides results using a range of different cutoffs for quality time. Sample size is 12,335 and includes all children ages 4–13 from families with 2–4 children.

Table A2

Birth Order Differences Using Alternative Measures of Quality Time

	Father			Mother		
	Second child	Third child	Fourth child	Second child	Third child	Fourth child
Type A activities						
Second child	-9.75**	-9.14**	-3.56	-8.49**	-8.65**	-1.97
	[1.37]	[2.44]	[5.38]	[1.28]	[2.23]	[5.80]
Third child		-15.25**	-24.99**		-16.60**	-3.00
		[3.63]	[9.32]		[3.34]	[8.41]
Fourth child			-21.42			-8.24
			[11.53]			[10.72]
Mean	18.29	18.80	28.19	29.42	26.51	29.17
Type A–C activities						
Second child	-13.78**	-9.92**	-2.32	-12.53**	-11.60**	-3.96
	[1.88]	[3.23]	[8.32]	[1.66]	[2.97]	[6.97]
Third child		-16.08**	-46.12**		-23.56**	-2.13
		[4.88]	[12.95]		[4.51]	[10.46]
Fourth child			-46.67**			-8.57
			[16.03]			[13.91]
Mean	55.05	51.70	67.74	69.54	65.42	68.57
Type A–E activities						
Second child	-25.68**	-19.85**	-9.14	-27.72**	-26.46**	-8.80
	[2.83]	[4.35]	[12.85]	[2.49]	[4.72]	[12.10]
Third child		-35.24**	-54.24**		-49.37**	7.51
		[6.76]	[17.73]		[7.36]	[17.43]
Fourth child			-69.41**			-30.30
			[21.32]			[22.16]
Mean	95.85	86.68	103.35	138.64	136.93	145.76
N	3,254	1,520	283	4,674	2,175	429

Note: The activities included in each category are listed in Appendix Table A1. The quality time measure used throughout the paper includes Types A-D.

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